

significant and unique contributions to furthering legal education within the Indianapolis and Marion County communities. Ayers lives in Indianapolis.

**Joyce McCay Chambers**, MS'74, writes, "I am project director for a curriculum resource kit, Indiana's Historic Lincoln Highway, geared [toward] grades three and four. The kits will be available for the 2009-10 school year." Chambers lives in South Bend, Ind.

**Karen Barna Petsovich**, BS'74, MS'79, is a teacher for Lake Michigan Catholic Schools in St. Joseph, Mich. She writes, "My husband and I are grandparents and enjoy running 5Ks, 10Ks,

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and half marathons. Our goal is to run our first full marathon." Petsovich lives in Bridgman, Mich.

**Rebecca Deputy Urquhart**, BS'74, JD'78, has been elected director of the Estes Valley Land Trust in Estes Park, Colo., where she lives with her husband, **Bill**, MBA/JD'78. She works as special

counsel to Exxon Mobil. Prior to relocating to Colorado, Urquhart practiced commercial real-estate law in Houston and served as general counsel of a real-estate investment trust.

In April the National Association of Educational Procurement named **Karin Bengtsson Coopersmith**, BA'75, MS'79, its District IV board representative. The NAEP's membership is limited to purchasing staff in colleges, research institutions, hospitals, and K-12 schools. Coopersmith is assistant director of purchasing at IU Bloomington, where she is responsible for the procurement of furniture, office equipment, musical instruments, art and theater products, and for the solicitation of conferences and events. She and her husband, **Steven**, '75, live in Bloomington.

**David E. McKelleb**, BS'75, retired after more than 22 years in the Utah system of higher education, for which he designed, implemented, and managed complex enterprise computer and network systems. McKelleb was previously a controller and chief financial officer in the insurance and banking industries. He lives in St. George, Utah.

**Thomas J. Buck**, BA'76, MBA'78, is senior vice president of investments for Merrill Lynch & Co. in Indianapolis. He is responsible for the financial strategy process in achieving client goals and objectives. Buck, who has worked for Merrill Lynch since 1981, was ranked the No. 2 best financial adviser in Indiana in *Barron's* "America's Top Advisers" state-by-state listing in March. An I-Man in football, he lives in Carmel, Ind.

**Mark R. Basanda**, BS'77, writes, "After a 28-year banking career, I have opened my own business, Utility Audit Solutions. We audit commercial utility and telecom bills for errors and overcharges." Basanda lives and works in Taylors, S.C.

**Charles H. Lichtman**, BA'77, a partner with the law firm Berger Singerman in Fort Lauderdale, Fla., has been named to the Best Lawyers in America list, which recognizes the top 1 percent of lawyers in the country. He recently served as statewide lead counsel for the Florida Democratic Party, where he formulated and oversaw the voter protection plan that recruited more than 5,800 lawyers for poll watching in Florida on Election Day in November. Lichtman was also named to the Florida Federal Judicial Nominating Commission, which recommends candidates for judicial and law-enforcement

## EXPERT ADVICE: KNOWING, PREVENTING VISION PROBLEMS

According to **Louis Cantor**, BA'76, MD'80, chair and the Jay C. and Lucile L. Kahn Professor of Glaucoma Research and Education in the Department of Ophthalmology at the IU School of Medicine, more than 75 million Americans have vision problems, ranging from nearsightedness to blindness. Fortunately, Cantor says, most serious vision problems can be avoided with early diagnosis and treatment. Here is Cantor's rundown of the most common vision problems and advice for avoiding or limiting their effects.



Cantor

■ **Refractive errors** such as nearsightedness, farsightedness, astigmatism, and presbyopia affect 44 million Americans older than 40. These conditions can usually be remedied by glasses, contact lenses, or more recently with laser vision correction surgery.

■ **Cataracts** affect 22 million Americans and usually develop as the lens in the eye becomes cloudy with aging, although injuries or other eye problems can also cause cataracts. Cataract surgery is generally successful in restoring vision loss, unless there are other problems with the eye.

■ Approximately 2 million Americans have advanced **age-related macular degeneration**, or AMD, and another 7 million have earlier stages of the disease. The condition limits the central vision in the eye. The treatment for the more common dry AMD is nutritional supplements, and the treatment for wet AMD is laser treatment and injections of medication into the eye.

■ **Diabetic eye disease**, or retinopathy, is present in 4.5 million Americans. Diabetes damages the small blood vessels in the eye. If detected early, diabetic retinopathy can be treated with laser therapy, medications injected into the eye, or intraocular surgery.

■ About 2 million Americans have **glaucoma**, although approximately half are unaware of their condition. Once vision loss from glaucoma is noticeable, the disease is often far advanced — giving the disease the moniker "sneak thief of sight." The nerve damage from glaucoma can be prevented with medications, laser treatment, or surgery, but it cannot be reversed once it is present.

■ **To avoid vision loss**, take these steps. First, **know your risk factors**. If you have diabetes, a family history of glaucoma, family members who have lost vision from macular degeneration, are of African-American or Hispanic background, have had an eye injury, have high blood pressure, or notice any vision problems, see your eye doctor now and then on regular intervals as recommended. Next, **get checked**. Even if you have no vision problems, have a complete eye exam by age 40. Generally, you should have a complete eye exam at least every three years. All children should have an eye exam before starting school for the first time, or earlier if there is anything which suggests a child is not seeing well or the eyes do not appear straight. Finally, **protect yourself**. Wear safety glasses for protection, especially in home workshops or in your yard, where most eye injuries occur.